

ROMANTICISING THE MESS - PRESSTEXT

Swiss-British-Indian singer-songwriter **NAVENI** released her third album, *Romanticising The Mess*, on August 3, 2026, a collection of true stories about feeling deeply, owning her power, and finding something worth writing about in even the least glamorous parts of life.

The album's title began with a piece of advice from a friend. Late one night, NAVENI was sitting at her desk, faced with a ridiculous amount of admin and absolutely no desire to do any of it. Her friend offered a solution: romanticise it. Light a candle. Pour a glass of wine. Pretend you're in a movie.

"This shit works."

What started as a way to survive a night of paperwork became the philosophy behind the entire record.

NAVENI has always felt things intensely and, by her own admission, has a tendency towards the dramatic. But there is an optimism underneath it all: a stubborn instinct to look for the better version of a situation, or at the very least, the better story. Somewhere along the way, she realised that most moments in life can be told in two ways:

UNSEXY REALITY: Too much work. No sleep.

ROMANTICISED VERSION: Candle. Wine. 2AM. Building the dream life.

UNSEXY REALITY: Heartbroken by a solid 6.

ROMANTICISED VERSION: Write a song. Cry in the shower. Listen to the song you just wrote while crying in the shower.

UNSEXY REALITY: An industry guy doesn't pay her what he owes her.

ROMANTICISED VERSION: Write *Payback*. Make ten times more. Fantasise about throwing a drink in his face.

Written over the course of the past year, every song on *Romanticising The Mess* is rooted in something that actually happened. Produced by NAVENI alongside Samuel Vuilleumier and Bilgii Sakarya, the album transforms those experiences, heartbreak, ambition, frustration, vulnerability and everything in between, into a record that is both deeply personal and deliberately playful.

For NAVENI, romanticising the mess is not about pretending that difficult experiences are secretly beautiful. Some situations are simply shit. It is about refusing to let them be meaningless, trusting that even the worst scenes might eventually earn their place in the wider story.

"I like to think unfortunate situations are just God's creative direction. I refuse to meet whoever's working the IMDb desk at the gates of heaven just to find out my life got a 3/10. No."

That philosophy runs throughout the album: sincerity without self-seriousness, vulnerability without victimhood, and the belief that humour can sit comfortably alongside heartbreak.

The album track *Coming Home* is already approaching **400,000 streams**. The record also arrives at a significant moment for NAVENI, who has been named **SRF 3 Best Talent for August 2026**. It marks another milestone in an independent career that has already seen *Wait Outside* surpass **four million streams** and taken her to stages including **Montreux Jazz Festival** and **Gurtenfestival**.

With *Romanticising The Mess*, NAVENI doesn't offer a neatly resolved version of life. She does something more interesting: she takes the chaos as it comes, turns it into music, and makes the story worth telling.

The mess, apparently, is working.